

Supported Employment Success: October Disability Employment Month

Eric began working as a janitor at Ilderton Dodge October 1, 2009. He cleans the technician bathrooms, service parts room, and the conference room, along with other miscellaneous tasks assigned by his employer. Eric and his coworkers get along great, and Eric even stays after he clocks out to eat lunch with them once a week...*Sasha Mash, Job Coach*

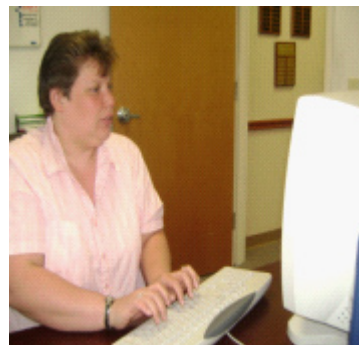
Gary has been unemployed for a few months and is seeking a job. We have put in a lot of time searching for a job that is right for both he and the employer. What makes Gary a joy to work with is that he is one of the nicest and upbeat persons I have ever worked with. We have been to many different places and spoken to many different

people. Gary is a great ambassador for The Arc of High Point and any person with disabilities. Just his attitude helps him get a foot in the door. Gary has applied for jobs where not a lot of people with disabilities work. He has done a great job opening people's eyes to the possibility of hiring a person with any sort of disability...*Jonathan Smith, Job Coach*

I started working with **Scott** June 19, 2009. We worked diligently getting applications, talking with managers of establishments, observed some businesses for possible job carving, and most importantly followed up on applications consistently. Scott and his mother were out to dinner at Fatz Café on a weekend and he took it upon himself to ask for an application.

We met with the manager,

and I explained the supported employment program to him. He said he was very interested and would have a meeting with all the managers to see where they could best utilize Scott. Scott was very excited on the ride home. Scott has a great work ethic and it goes as follows: "Don't work hard, work smart." This attitude serves him well in his new job...*Lois Williams, Job Coach*



The Arc's Receptionist Julie Frazier

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Legislative briefing: Overview of NC state budget, economic forecast, and issues affecting our community

Get ready for 2010 at a briefing by local legislators and staff from the NC Budget and Tax Center, NC Justice Center and United Way of NC. They will discuss top issues in state public policy such as:

- Impacts of current economic conditions

on working families and the state budget

- Updates on key public efforts that support low-income workers and their families, such as the Earned Income Tax Credit, child-care subsidies, children's health insurance and affordable housing

- Discussion of implementation and use of federal economic recovery funds.

December 8, 8:30-11:30am

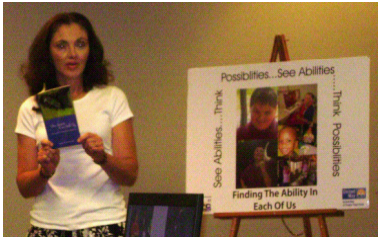
Girl Scouts Council

8818 W. Market St., Colfax

For more information call

919-856-2570

The Arc Awarded National Accreditation



Paige Wilhoit, member of the Board of Directors and mom of Grayson, shares her poem from the book, "The Spirit Still Can Fly" at the opening session of CQL week.

The Arc of High Point has been awarded National Accreditation through the Council on Quality and Leadership. CQL Accreditation measures the organization's direct impact on the lives of people receiving services from the perspective of the people themselves.

According to Executive Director Tonya Fowler, "This process asked peo-

ple to define quality in their own lives, and how well we, as support providers, are meeting the expectations of the people we support." Fowler added, "We couldn't be more proud of this accomplishment and what it means to the lives of the people we support. I am deeply proud of all of our staff and volunteers for their commitment to

helping people live the lives that they choose."

The Council on Quality and Leadership is an international not-for-profit organization that brings together providers, professionals, advocates and other leaders in the disability field whose vision is community inclusion, dignity and quality of life for all people.

De-Hyphenating Disabilities

"40.6% of adults with developmental disabilities had a co-occurring psychiatric diagnosis. Many people with co-occurrence are not diagnosed and do not begin receiving services until they exhibit behavioral problems." ...*N.C. Core Indicators Project*

De-Hyphenating Disabilities: The Co-occurrence of

Developmental Disabilities and Mental Illness, co-sponsored by The Arc, will be presented December 8 from 9-4:30pm at the Moses Cone Health System Auditorium. Presenters Dr. Jarrett Barnhill, UNC-CH Dept. of Psychiatry and Johna Hughes, MSW, Clinical Instructor with the UNC-CH School of Social Work, will address the following topics:

- Identify barriers to diagnoses and methods to overcome those obstacles
 - Describe assessment and treatment methods
 - Illustrate the prevalence of certain disorders and various treatment methods
 - Differences between adolescent presentation and treatment and that of adults
 - Explain the difference between dementia and mental illness
 - Discuss the issue of substance abuse as self-medication
- Register by Nov. 17th to secure an early bird registration fee of \$75, after the deadline a fee of \$95 applies. For more information, see our website. Register online at www.gahec.org.

Poster Contest Winner Announced



Justice Bain accepts his award from Executive Director Tonya Fowler. Justice is a sixth grader with the Young Scholars Institute.

Thanks to a grant from the Godfrey Oakley Prevention Fund, a Pregnant Pause event was held in observance of Fetal Alcohol Awareness Day, along with a Poster Contest. The winning poster was designed by eleven-year-old Justice Bain, and will be used a part of the larger educational piece in the community. According to the judges, Justice's submission was "Creative, colorful insightful and awesome." Thanks to Travis Compton (High Point Area Arts Council), Charmaine Purdum (Guilford County Coalition on Infant Mortality), and Evelyn Smith (GTCC) for their assistance with judging.



One Vision Aktion Club



The Self-Advocates of the One Vision Aktion Club have enjoyed a very busy year. Last December, the group officially became an Aktion Club, affiliated with the High Point Kiwanis Club. In addition to venturing to the Self-Advocacy Convention in March, several members participated in the October Convention of Aktion Clubs, where much information was shared about the many projects and leadership opportunities within the neighboring clubs.

Members learned about leadership roles. Four of the attendees "threw their hat in the ring" as nominees for club

leaders for 2010 year. Voted in were:

Bill Thomas: President

Maegan Lowrey:

Vice-President

Kim Smith: Secretary

Danny Berges: Treasurer

The members have been grateful to Mary McElvogue for her assistance as a club advisor and look forward to working with Dave Bauman as they enter the new year.

Club members were interested in several community service projects. On Veterans Day, members visited with residents of Pennybyrn and

brought gifts of cards and potted plants. The members are asking that all holiday party attendees bring a canned good to be donated to a local food pantry.

New officers will be installed by Kiwanis president Wendy Rivers at the next meeting. We invite you to join us Thursday, Dec. 3rd at 6:30pm, Emerywood Baptist Church Fellowship Hall. A reception will follow.

Much appreciation to Emerywood for hosting the Aktion Club meetings.

Aktion Club members enjoy the dance at the convention. Members include Pat Roach, Ken Mileski, Kim Smith, Bill Thomas, Amy Urwick, Joyce Lester, and Josh Chaney. Tonya Fowler and Teresa McKeon accompanied the members.

The Last Word

Tezதாக is often understood to mean "charity." However, it is not mere charity. Rather, tezதாக is charity that is rooted in justice. Historically, the concept includes the belief that our surplus actually belongs not to you, but to the one who needs it. By embracing tezதாக, we are freed from our possessions and empowered to share our resources with those in need.

Judaism teaches that we have an obligation to avoid becoming in need of tezதாக. A person should take any work that is avail-

able, even if he thinks it is beneath his dignity, to avoid becoming a public charge. However, if a person is truly in need and has no way to obtain money on his own he should not feel embarrassed to accept tezதாக. No person should feel too proud to take money from others. In fact, it is considered a transgression to refuse tezதாக. One source says that to make yourself suffer by refusing to accept tezதாக is equivalent to shedding your own blood.

Thus, we are all bound together,

those in need and those with the means to help, each needing the other in order to be faithful. Those who have the means now, may be the ones in need later on. Those in need today, may be the ones with the means to help later on. We all should see each other as members of one human family in which the abundance of resources are shared generously so that the needs of all are met with honor and dignity and, indeed, joy.

Thanks to Dr. Mark R. Sills, FaithAction Executive Director, for allowing us to share these words in this season of giving.

Operation Santa

Sixteen names remain on our list for Operation Santa! Help us fulfill the Wish Lists for our Guilford county neighbors residing at Murdoch Developmental Center. All gifts must be new and unwrapped and be brought to The Arc by 5pm Monday, November 30th.

Contact Teresa x230 for your opportunity to play Santa!



Transitioning from Pediatric to Adult Health Care Needs Workshop for Youth with Special Needs and Their Families

Youth Workshop

- What is transition?
- Roles of Adulthood
- Transition Toolkit
- Health Insurance coverage
- Self-Advocacy
- Complete your own portable Medical summary

Family Workshop

- How do I plan for transition?
- Ages/stages of transition?
- What is role of medical provider?
- How do we all work together?
- Complete an actual transition plan

Brought to you by: The Carolina Health and Transition Project, NC Dept. of Public Health, The NC Family Health Information Center, Alliance of Disability Advocates/Center for Independent Living, Family Support Network of Central Carolina and The Arc of High Point.

January 28, 2010

6:30-8:30pm

GTCC Jamestown Campus
Medlin Campus Center

Rooms 041 and 045

RSVP to 883-0650 x230 by January 22.



The Arc of High Point
*Finding The Ability
 In Each Of Us*

153 E. Bellevue Avenue
 High Point NC 27265
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 Barbara Zidek

We want to hear from you! Please share your questions, concerns and suggestions with us. Email tfowler@arc-of-hp.com, fax 336.883.0653, or mail to: 153 E. Bellevue Drive, High Point NC 27265.

Holiday Events

The Arc of High Point cordially invites you to our Annual Holiday Party

Thursday, December 17th

6:30pm

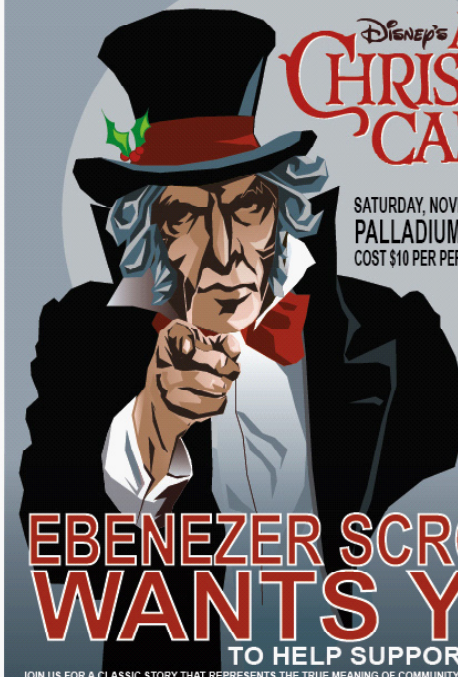
Roy Culler Center

600 N. Hamilton St.

RSVP 883-0650 x230

One Vision Aktion Club requests that everyone bring one non-perishable item or canned good to be shared with a local food pantry.

PREMIER CIVITAN CLUB PRESENTS



Disney's **CHRISTMAS CAROL**

SATURDAY, NOVEMBER 21, 2009 - 9:30 AM
 PALLADIUM MOVIE THEATRE
 COST \$10 PER PERSON - STANDARD VERSION

RAFFLE FOR PRIZES!
 SILENT AUCTION!
 GOODIES AND MORE!
100% PROFIT GOES DIRECTLY TO THE ARC OF HIGH POINT

EBENEZER SCROOGE WANTS YOU

TO HELP SUPPORT THE ARC!

JOIN US FOR A CLASSIC STORY THAT REPRESENTS THE TRUE MEANING OF COMMUNITY AND THE SPIRIT OF THE GIVING.
The Arc is an integral part of our community - composed of parents, advocates, professionals, community citizens, and people with developmental disabilities who are working toward a common goal of improving the well-being of persons with developmental disabilities through advocacy, research, and education.

FOR MORE INFORMATION ABOUT THIS EVENT CONTACT:
 Lisa Foster • 336 881 3015 • lfoster@highpointbank.com • <http://www.civitan.net/premierclub/>