



Hi-Points of The Arc

The Arc of High Point
Finding The Ability
In Each Of Us

Summer 2011

The Arc partners with Monarch

The Arc of High Point and Monarch, Inc. have reached an agreement for The Arc to contract with Monarch, Inc. to manage The Arc's various services. The agreement has been approved by the Boards of Directors of both organizations and is expected to be for a term of at least one year, after which it may be renewed by agreement of both organizations. Monarch management has already begun working with The Arc and its staff so as to ensure that high quality service is maintained for all persons with whom we work and support in our community.

Monarch, Inc. is a non-profit corporation founded by The Arc of Stanly County and formerly known as Arc Services, Inc. It is a large and thriving organization with great resources and

experience in operating and managing all of the services currently offered by The Arc of High Point. Monarch manages over 70 residential group homes and numerous other programs, including vocational rehabilitation, supported employment, and independent living programs, serving persons with developmental disabilities and their families in 38 North Carolina counties.

The Arc of High Point believes that Monarch has proven excellence in management and quality assurance, as well as a clear and inspiring vision for helping persons with developmental disabilities to build independent, meaningful, self-motivated lives. For further information about Monarch, Inc., please visit their website at www.monarchnc.org

The Arc of High Point believes that it has a wonderfully competent and caring partner in Monarch, and that this partnership will enable The Arc to focus on strengthening its relationships in the community and, together with its partners including the United Way and other non-profit organizations, moving forward to advocate and support people with developmental disabilities, their families, and their community.

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Don't Cut Our Lifeline!

As we head into a critical Congressional recess, The Arc is kicking off a Medicaid protection campaign with the slogan, "Don't Cut Our Lifeline!" **We must act quickly.** We expect that in July, Congress will consider a deficit reduction and spending cut package that could have devastating consequences for people with intellectual and developmental disabilities. **Now is the time to take action and mobilize all of your members, constituents and allies.** Our voices must be heard in these debates.

Starting Saturday, June 25th until July 5th, Members of the House of Representatives are on recess, and the Senators will be home beginning July 2nd and returning to Washington on July 10th. We are asking that members of The Arc contact their Representative and two Senators in a variety of ways during these breaks – including calling their offices, setting up in person meetings, attending town hall meetings, and writing letters to the editor.

Thank you for all of your work to help people with intellectual and developmental disabilities achieve their dreams. Now more than ever, we need to work together to protect Medicaid so that we move forward, not backward, in our mission. For more information, go to www.arcnc.org

Community for ALL Children

A recent study (*Rethinking the Soccer Mom: Parent Feedback on Community Participation, Access and Inclusion by Individuals with Intellectual and Developmental Disabilities, 2010*) in our community spotlighted the following areas of dissatisfaction:

1. 98% of parents with children with intellectual and developmental disabilities indicated that recreation was “very important” in the lives of their children

2. 63% of these parents were dissatisfied with the number of opportunities available

3. 67% were dissatisfied with the variety of opportunities available

4. 72% of parents were dissatisfied with the opportunities available for their children to participate in recreational activities with peers without disabilities

Additionally, the findings indicated that community

activities not only provide outlets for physical exercise, but serve as a foundation for the development of social skills, including learning how to interact with peers without disabilities. While typically developing members of our community have year-round opportunities for social/recreational benefits, this often does not apply to children and youth with intellectual and developmental disabilities. Some of the concerns are that staff are not adequately trained to include children

with disabilities, and cannot appropriately accommodate the needs of these children. The Arc is partnering with Kids Included Together facilitator and School-Age Specialist Robin Sink to address these issues with afterschool, summer camp and child care providers through a workshop. Our goals: That providers better understand children with various needs, address barriers to inclusive environments, and prepare to support ALL children.

Join us **Thursday, July 21st from 9:30-noon**

Registration fee \$10 due by July 15th

Check in and brunch 9:30am

Two credit hours awarded upon completion of workshop

(NC Division of Child Development)

For more information, call 336.883.0650 x230

The Arc of High Point held its Annual May Meeting, and community partners were recognized for their contributions to people with intellectual and developmental disabilities. Among them were:

Allison Meade: Leadership Award

United Way of Greater High Point: Inclusive Community Award

Outback Steakhouse (Parris Ave.): Employer of the Year

Bill Ervin: Distinguished Service Award.

Community Bible Church: Volunteer of the Year

High Point Parks and Recreation: Boggs/Mitchell Ward for inclusive recreation/leisure program

Veronique Faye Warren: Professional of the Year

Eric Peak: Outstanding Supported Employee

Case Management Care: Joan Stultz Award (Outstanding Case Manager)

Ophelia Ross: Self-Determination Award

Erica Lichtenberger, Heart and Soul Singers: Spirit Award

Sh’Freda Drake: The Arc of High Point Employee of the Year

United Way of Greater High Point: Leader of the Pack

According to the United Way of NC, High Point is the second highest in per capita giving among 59 United Ways statewide, coming in at \$31.73. Compared to the Triangle area (includes Raleigh, Durham and Chapel Hill) at \$9.22, it is clear that the people of Greater High Point support the needs of community members through giving to our United Way.

The Arc of High Point is proud to be a partner agency of United Way of Greater High Point. Outreach, Advocacy, Healthy Living and Independent Living programs all receive funding due to both the generosity of the people of our community, and the volunteers and professionals with our United Way. Giving to United Way supports the Access Dental Mobile Clinic, self-advocacy for people with developmental disabilities, community education, and the ability of people to live independently with supports.

The Arc of High Point thanks all of our supporters!

Sixth Annual Silent Art Auction

*You are cordially invited to join us
as we celebrate the
artistic accomplishments of
members of our community
Tuesday, August 9th
6-8pm
Swaim Design Center
411 S. Main St., High Point
RSVP 336.883.0650 x230*



Upcoming events...

REALity Fit Club... Join us for a 6 week journey as we learn how to can take better care of ourselves-though healthy eating and exercise. Learn about health issues specific to women and men-FREE!!! Meetings will be held at the Hartley Drive Family YMCA beginning Tuesday, August 23 through September 27th from 6:30-7:30pm.

Relationships: What's Important to me?... Explore different types of relationships, Decision Making, Friend/Sweetheart roles. 4 week series, beginning Friday, September 9th—September 30th. 10:30am-noon. Meeting at The Arc of High Point. FREE.

Register for either or both series by calling 336.883.0650 x230.

Aktion Club in Action

Members of Aktion Club recently delivered goodie bags with toiletries to residents of Pennybyrn Assisted Living

The Annual Meeting of the Association of Self-Advocates of NC was attended by several members, and members look forward to welcoming the Journey of Hope cycling team to High Point in August. The end of September will bring the Annual Aktion Club convention, and many members are eagerly awaiting this exciting week-end-to connect with fellow self-advocate, brush up on their leadership skills, and have fun!

**Interested in joining us? Call 883-0650
x230 for more information.**





The Arc of High Point
*Finding The Ability
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AND Rollin' Highway



Wingfest '11 Winners Announced!



- Best BBQ Wings: **JP Looneys**
- Best Sweet Wings: **Chens Express**
- Best Hot Wings: **Chens Express**
- Best Exotic Wings: **Chens Express**
- Best Overall Wings: **Chens Express**
- People's Choice Award: **George's Pizza**

Thanks to all of our participating restaurants! Please remember to patronize **Chens Express, East Coast Wings, George's Pizza, JP Looneys.**

Congratulations to **Steven Taylor** for reclaiming his title of **Lord of the Wings**, consuming 12 wings in 60 seconds.

Thanks to our sponsors: **Polo Ralph Lauren, High Point Bank, BathFitter, Caffey Distributing, Premier Civitan, Pepsi Bottling,** and our friends with the **Piedmont Triad Farmers Market.** We couldn't have done it without the help of our volunteers, including **Girl Scout Troop 40401** and the phenomenal **Rick Farmer**, volunteer extraordinaire.